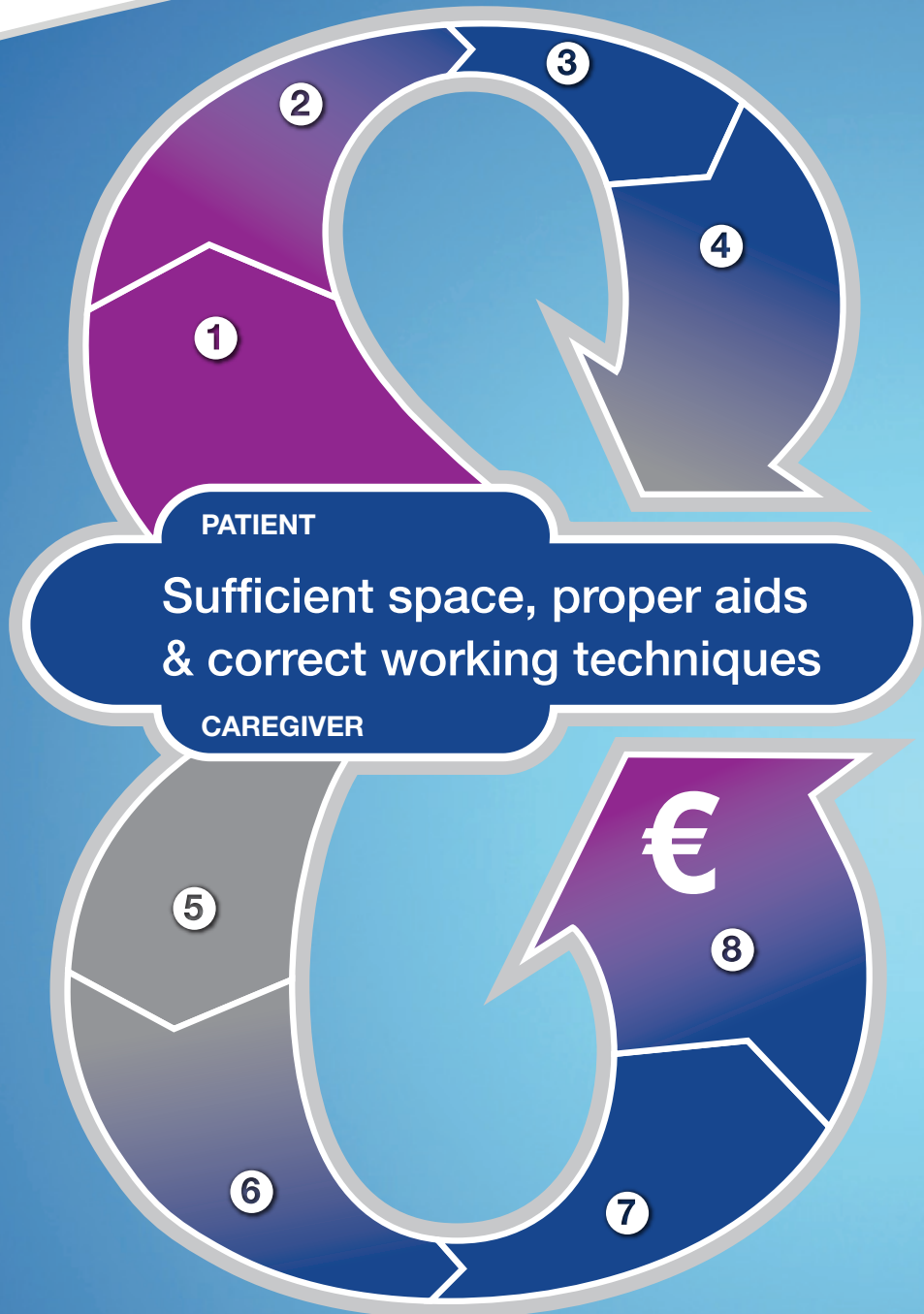
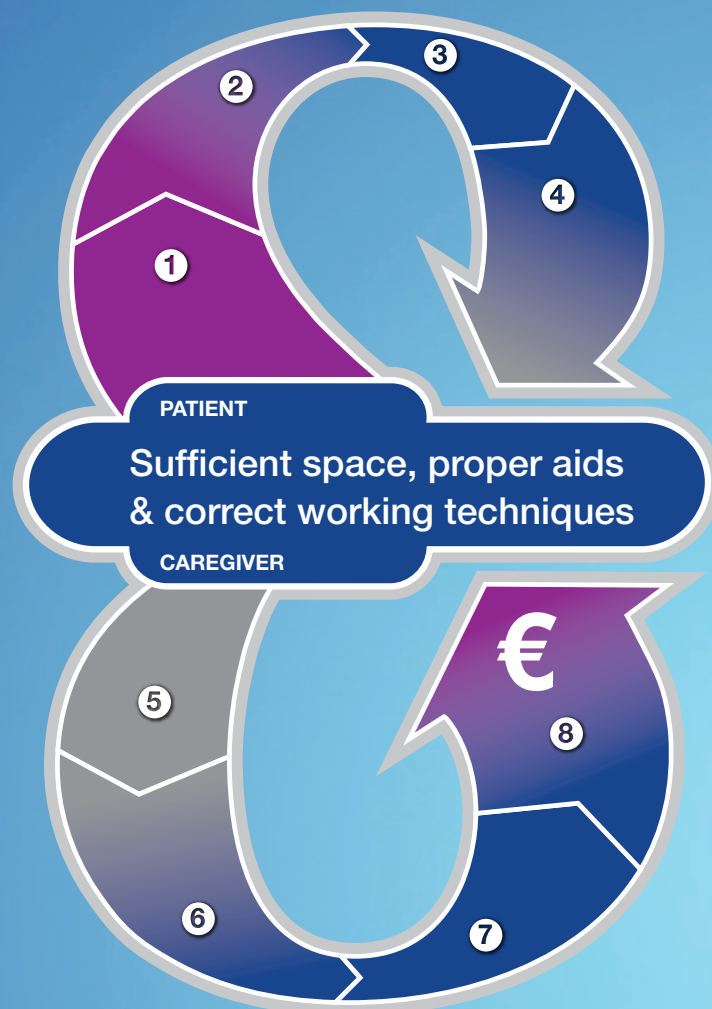


## THE POSITIVE EIGHT

ACHIEVING A HIGHER QUALITY OF ACUTE CARE



**FIGURE 1**  
Acute Care Positive Eight



## MOBILITY IS KEY TO ACHIEVING A HIGHER QUALITY OF CARE

An increasing portion of society experience challenges in negotiating the physical aspects of their daily routines.

Many years ago, ArjoHuntleigh introduced the Positive 8™ philosophy in order to assist facilities in achieving a higher quality of care. This philosophy still holds true today.

The Positive Eight™ identifies three prerequisites that must be in place to stimulate mobility:

- Sufficient space to allow for use of proper aids and correct working technique;
- The provision of the proper aids to support the functional mobility of the patient;

- The application of nursing best practice through correct ergonomic working techniques.

The upper portion of the *Positive 8*; steps 1-4, pertain to the patient with steps 5-8 relating to the caregiver. Increased patient mobility and activity naturally leads to a reduced dependency on caregivers. In turn, less strain on the caregiver enables a higher quality of care. When one total cycle of the *Positive Eight* is completed, another cycle commences. This on-going process drives sustainable quality improvement.

# PATIENT

## STAGE 1

The core pre-requisites improve the early mobilization of patients

## STAGE 2

Improved vital bodily functions, such as the heart, lungs, circulation, skin and musculoskeletal system

## STAGE 3

Reduced immobility acquired complications such as pressure ulcers, thrombosis, neuromuscular dysfunction, impaired pulmonary function, UTI and risk of falls

## STAGE 4

Improved rate of patient recovery and quality of life. Decreased length of hospital stay

# CAREGIVER

## STAGE 5

Reduced need for assistance through more mobile less dependent patient

## STAGE 6

Reduced strain on the staff resulting in fewer related injuries will improve staff productivity

## STAGE 7

Better physical and psychological well-being health of staff will improve retention as a result of less sick leave and turnover

## STAGE 8

Improved quality of care outcomes with improved financial outcomes for hospital

The *Positive 8* philosophy visualizes the potential positive effects for both the caregiver and patient arising from investment in improved patient handling

## IMPROVED MOBILITY – A SOUND INVESTMENT STRATEGY

The care setting is also a key determinant in the application of the *Positive Eight* principles. Therefore, ArjoHuntleigh has evolved new variants of the philosophy to reflect different care settings. In acute care, the care goal is early mobilisation of the patient leading to reduced length of stay, while in long term care the goal is to maintain resident mobility leading to improved caregiver productivity.

The three pre-requisites to the *Positive Eight* are decisive factors for the patient and caregiver, which benefit the whole care process. Investing to ensure these are met provides benefit to the acute care setting from reduced length of patient stay and improved financial outcomes.

# ARJOHUNTLEIGH

## GETINGE GROUP

[www.ArjoHuntleigh.com](http://www.ArjoHuntleigh.com)

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### ArjoHuntleigh

Neptunigatan 1  
SE-211 20 Malmö  
SWEDEN

Phone: +46 413 645 00  
Fax: +46 413 645 63

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